

# Top 10 tips for staying safe online

- 1) Don't post any personal information online – like your address, email address or mobile number.
- 2) Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.
- 3) Keep your privacy settings as high as possible.
- 4) Never give out your passwords. Use a nickname as a user not your real name.
- 5) Don't befriend people you don't know.
- 6) Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do.
- 7) Remember that not everyone online is who they say they are.

Think carefully about what you say before you post something online – E FOOTPRINT it stays with you for life!

- 9) Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude.
- 10) If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.

Further information can be found at – [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk).